

First Aid Kit

CHECKLIST for Travelers

Medications

- Ibuprofen
- Aspirin
- Antihistamine
- Anti-diarrheal
- Anti-Malaria
- Cold/Flu
- Motion Sickness

Bandages

- Sterile Dressings
- Gauze Pads
- Gauze Rolls
- Elastic Bandage
- Band-Aids
- Moleskin
- Adhesive Tape

Injuries & Wounds

- Antiseptic Wipes
- Antibiotic Ointment
- Anti-itch Cream

Tools

- Tweezers
- Small Scissors
- Surgical Gloves